



BEST WISHES

32 temps - 4 murs

Choregraphe : Juliet Lam

Niveau : Débutant

Musique : Free (I wish I knew How it would fel to be free) The Lighthouse Family

CROSS ROCK STEP, CHASSE TO LEFT, CROSS ROCK STEP, CHASSE TO RIGHT 1/4 TURN

- 1-2 CROSS ROCK STEP G/D
- 3&4 SHUFFLE LATERAL G
- 5-6 CROSS ROCK STEP D/G
- 7&8 1/4 TR à D SHUFFLE AVANT D

STEP, PIVOT 1/2 TURN, TRIPLE STEP 1/2 TURN, BACK ROCK STEP, KICK BALL POINT

- 1-2 STEP TURN 1/2TR à D
- 3&4 TRIPLE STEP 1/2TR à D
- 5-6 ROCK STEP ARRIERE D
- 7&8 KICK D - ASSEMBLER - POINTE LATERALE G

CROSS, SIDE, BEHIND, TOUCH, 1/2 MONTEREY TURN, CROSS ROCK STEP

- 1-2-3 CROSS G/D - LATERAL D - CROSS G DERRIERE D
- 4-5-6 POINTE LATERALE D - 1/2TR à D - POINTE LATERALE G
- 7-8 CROSS ROCK STEP G/D

SIDE, TOUCH, SIDE, TOUCH, SIDE AND SWAYS

- 1-2 LATERAL G - TOUCH D
- 3-4 LATERAL D - TOUCH G
- 5-6 POSER G + SWAY G - SWAY D
- 7-8 SWAY G - SWAY D (terminer poids du corps sur D)

REPRENDRE AU DEBUT
